



Laboratory Medicine Department
Director Dr. E. De Vecchi

PROCEDURE FOR COLLECTING A URINE SAMPLE FOR A MYCOBACTERIA TEST

CONTAINER: sterile container with a wide-mouth screw on cap (available at the Sampling Point or purchasable at the pharmacy).

- The sample is to be collected in the morning of the day on which the test is delivered
- Wash your genitals with soap and water
- Open the container – taking care not to touch the inside
- Start to urinate, discard the initial part of the stream and collect at least 50 mL of urine (the container should be one quarter full)
- Close by firmly screwing on the cap.

WARNINGS

If the test is to be carried out on 3 samples (according to medical prescription), collect the urine as described previously in different containers and on different days.

For the test to be carried out correctly, each sample should be delivered on the day on which it was collected.

If it is not possible to deliver the sample on the same day, store the samples in a refrigerator (at 2- 8 °C), until delivery.