



Laboratory Medicine Department
Director Dr. E. De Vecchi

PROCEDURE FOR COLLECTING A MID-STREAM URINE SAMPLE FOR CULTURE

CONTAINER: sterile container with a wide-mouth screw on cap (available at the Sampling Point or purchasable at the pharmacy).

Write your full name and date of birth

- The sample is to be collected in the morning of the day on which the test is to be delivered. Collect a first morning urine sample.
- Wash your hands with soap and water
- Wash your external genitalia thoroughly with soap and water (do not use anti-bacterial detergents), and rinse thoroughly.
- Open the container – taking care not to touch the inside
- Start to urinate, discard the initial part of the stream and then collect at least 40 mL of urine (the container should be half full)
- Close by firmly screwing on the cap.
- Deliver the sample to the Sampling Point within 2 hours

WARNINGS

If it cannot be delivered within 2 hours, store the sample at 4°C for no more than 4 hours.

Collect the urine before starting any antibiotic therapy