



p4work.com

Grand Hotel Villa Torretta
Via Milanese, 3 | Sesto San Giovanni (MI)

15 Nov 2019

2019 First Prevent4Work Symposium

Rationale

Prevent4Work (P4W) is the European project financed under the Erasmus+ Programme that promotes a cooperation between academic world, work health-related institutions, technological SMEs, and healthcare enterprises across Europe to develop and implement innovative educational programmes, high quality material and actions to prevent and manage Work Related Musculoskeletal Disorders (WMSDs).

Goal

Increase awareness of WMSDs. | Provide a platform for experts to share and discuss the available evidences on WMSDs | Present new ideas on how to address and manage WMSDs.

PROGRAM

13.30 Registration, introduction and welcome

14.00 Project Presentation

Dr. Pablo Herrero: Head of "iPhysio" Research Group at the San Jorge University (Spain)

14.45 First P4W results: "Education to manage work-related musculoskeletal pain"

Dr. Thorvaldur Skuli Palsson: Researcher and associate professor at the Aalborg University (Denmark)

15.15 Keynote Speaker 1: "Addressing psychological risk factors with early interventions: The tale of two controlled studies."

Dr. Steven Linton: Head of "Center for Health and Medical Psychology" Research Group at the Orebro University (Sweden)

16.15 Ideas Contest: Presentation of selected ideas

16.45 Break

17.15 Keynote Speaker 2: "Objectively measured physical behaviour and musculoskeletal pain"

Dr. Morten Villumsen: Researcher and part-time lecturer at the Aalborg University (Denmark)

18.15 Round table with keynote speakers and experts in P4Work

Dr. Pedro Berjano: Director of the Division of Vertebral Surgery GSpine4 of the Orthopedic Clinic at the IRCCS Galeazzi Orthopedic Institute of Milan (Italy)

Dr. Morten Sebastian Høgh: Researcher and part-time lecturer at the Aalborg University (Denmark)

Dr. Thorvaldur Skuli Pallsonn: Researcher and associate professor at the Aalborg University (Denmark)

Dr. Steffan Wittrup Christensen: Researcher and associate professor at the Aalborg University (Denmark)

Dr. Pablo Herrero: Head of "iPhysio" Research Group at the San Jorge University (Spain)

Dr. Steven Linton: Head of "Center for Health and Medical Psychology" Research Group at the Orebro University (Sweden)

Dr. Morten Villumsen: Researcher and part-time lecturer at the Aalborg University (Denmark)

19.00 Awarded Ideas

19.30 Symposium Conclusions / Learning questionnaire

