

Wednesday 29th September
9 am – 5 pm CET

Psychosocial impact of the COVID-19 Pandemic on Congenital Heart Disease Patients and Families

IT platform | Cisco Webex



ASSOCIATION FOR EUROPEAN
PAEDIATRIC AND CONGENITAL
CARDIOLOGY



ECHDO
European Congenital
Heart Disease Organisation



UNIVERSITÀ
DEGLI STUDI
DI MILANO



I.R.C.C.S. Policlinico
San Donato

Gruppo San Donato

Scientific committee and Support Committee

Local: Edward Callus, Massimo Chessa, Alessandro Giamberti, Mario Carminati, Alessandro Frigiola

International: Frank Casey, Katya De Groot

Committee of Support: Alessia Spina, Clinical Psychology Service, Giovanna Campioni and AICCA Staff

INTRODUCTION AND PRESENTATIONS

9:00 • Opening and Welcome, Institutional greetings IRCCS Policlinico San Donato • *E. Callus, Milan, Italy*

9:15 • Institutional Greetings: Università degli Studi di Milano, The impact of Information Communication and Technology in Medicine • *G. Haus, Milan, Italy*

MODERATION BY K. DE GROOTE, GHENT, BELGIUM

9:30 • Coronavirus disease 2019 in adults with congenital heart disease, The European Society of Cardiology (ESC) International Society for Adult Congenital Heart Disease (ISACHD) • *M. Chessa, Milan, Italy*

9:50 • Remote consultations with families during COVID-19 • *F. Casey, Northern Ireland, UK*

10:10 • How COVID-19 is changing the assistance to patients, from the hospital to the territory services
R. Caruso, Milan, Italy

10:30 • Impact of COVID-19 pandemic on Pediatric Cardiology services utilization - perspective from a low middle income country • *L. A. Ladak, S. F. Raza, S. Mohsin, B. Hasan, Karachi, Pakistan*

10:45 • Questions and comments

11:00 • *Break*

MODERATION BY E. CALLUS, MILAN, ITALY

11:20 • Treating children with children with medically related subthreshold post-traumatic stress disorder: effects of Eye movement desensitization and reprocessing (EMDR)
E. Utens & M. Meentken, Amsterdam, Rotterdam, The Netherlands

11:50 • Psychologically Informed Medicine: Improving Psychosocial outcomes for people living with CHD during the COVID-19 pandemic and beyond • *L. Morton, Stirling, Scotland, UK*

12:20 • *Lunch Break*

MODERATION BY F. CASEY, NORTHERN IRELAND, UK

13:30 • Impact of the covid-19 pandemic on health-related concerns, quality of life and psychological adjustment in young adults with congenital heart disease • *F. M. Wehrle, Zurich, Switzerland*

13:50 • The impact of COVID-19 pandemic on the surgical missions in congenital heart disease
A. Frigiola, Milan, Italy

14:10 • The Language of Infirmary – Integration of Children with CHD in daily school life during Covid-19 Pandemic: A Qualitative Research Study • *R.D. Oberhuber, G. Tulzer, Linz, Austria*

14:25 • Relationship between Covid-19 and the sense of happiness in patients with congenital heart defects
M. Markova-Sarabasheva, E. Alexieva, A. Kaneva - Nencheva, Sofia, Bulgaria

14:40 • Questions and comments

14:50 • *Break*

MODERATION BY G. CAMPIONI, MILAN, ITALY

15:10 • Experiences of Patient Organisations During the COVID-19 pandemic, PatientView • *A. Wyke, London, UK*

15:30 • Noi ci siamo (we are here), online peer to peer moderated support groups during the pandemic
S. Baldrighi, Associazione Italiana dei Cardiopatici Congeniti Bambini e Adulti, Milan, Italy

15:45 • Reducing feelings of isolation for families during Coronavirus
S. Quinlan, Children's Heartbeat Trust, Belfast, Northern Ireland

16:00 • My scar, sign for the battles I have won
H. Nock, E. Sticker, Bundesverband Herzranke Kinder, Aachen, Germany

16:15 • Online coaching for parents of CHD children
E. Sticker, H. Nock, Bundesverband Herzranke Kinder, Aachen, Germany

16:30 • Sharing of other experiences, Patiëntenvereniging Aangeboren Hartafwijkingen, The Netherlands and the Association of Parents and Friends of Children with Heart Disease, Cyprus

16:40 • Conclusions: Psychosocial aspects in congenital heart disease during the COVID-19 pandemic
E. Callus, Milan, Italy