

Wednesday 29<sup>th</sup> September  
9 am – 5 pm CET

# Psychosocial impact of the COVID-19 Pandemic on Congenital Heart Disease Patients and Families

IT platform | Cisco Webex



ASSOCIATION FOR EUROPEAN  
PAEDIATRIC AND CONGENITAL  
CARDIOLOGY



ECHDO  
European Congenital  
Heart Disease Organisation



UNIVERSITÀ  
DEGLI STUDI  
DI MILANO



bambini  
cardiopatici  
nel mondo



I.R.C.C.S. Policlinico  
San Donato  
Gruppo San Donato

## INTRODUCTION AND PRESENTATIONS

- 9:00** • Opening and Welcome, Institutional greetings IRCCS Policlinico San Donato • *E. Callus, Milan, Italy*
- 9:15** • Institutional Greetings: Università degli Studi di Milano, The impact of Information Communication and Technology in Medicine • *G. Haus, Milan, Italy*

## MODERATION BY K. DE GROOTE, GHENT, BELGIUM

- 9:30** • Coronavirus disease 2019 in adults with congenital heart disease, The European Society of Cardiology (ESC) International Society for Adult Congenital Heart Disease (ISACHD)  
*M. Chessa, Milan, Italy*
- 9:50** • Remote consultations with families during COVID-19 • *F. Casey, Northern Ireland, UK*
- 10:10** • How COVID-19 is changing the assistance to patients, from the hospital to the territory services  
*R. Caruso, Milan, Italy*
- 10:30** • Abstract Presentations
- 11:00** • *Break*

## MODERATION BY E. CALLUS, MILAN, ITALY

- 11:20** • Treating children with children with medically related subthreshold post-traumatic stress disorder: effects of Eye movement desensitization and reprocessing (EMDR)  
*E. Utens & M. Meentken, Amsterdam, Rotterdam, The Netherlands*
- 11:40** • Psychologically Informed Medicine: Improving Psychosocial outcomes for people living with CHD during the COVID-19 pandemic and beyond • *L. Morton, Stirling, Scotland, UK*
- 12:00** • Abstract Presentations
- 12:20** • *Lunch Break*

## MODERATION BY F. CASEY, NORTHERN IRELAND, UK

- 13:30** • Impact of the COVID-19 pandemic on health-related concerns, quality of life and psychological adjustment in young adults with congenital heart disease • *F. M. Wehrle, Zurich, Switzerland*
- 13:50** • The impact of COVID-19 pandemic on the surgical missions in congenital heart disease  
*A. Frigiola, Milan, Italy*
- 14:10** • Abstract Presentations
- 15:00** • *Break*
- 15:20** • Experiences of Patient Organisations During the COVID-19 pandemic PatientView  
*A. Wyke, London, UK*
- 15:40** • Case examples of what worked in non-profit associations, introduced and moderated by  
*G. Campioni, Milan, Italy*
- 16:40** • Conclusions: Psychosocial aspects in congenital heart disease during the COVID-19 pandemic  
*E. Callus, Milan, Italy*

### *Scientific committee and Support Committee*

#### **Local**

Edward Callus  
Massimo Chessa  
Alessandro Giamberti  
Mario Carminati  
Alessandro Frigiola

#### **International**

Frank Casey  
Katya De Groote

#### **Committee of Support**

Alessia Spina  
Clinical Psychology Service  
Giovanna Campioni and AICCA Staff