



Laboratory Medicine Department
Director Dr. E. De Vecchi

PROCEDURE FOR COLLECTING A STOOL SAMPLE FOR THE OCCULT BLOOD TEST

CONTAINER

Collect the container containing the preservative from the Sampling Point

Collect the stool sample in a clean, dry container or apply a layer of plastic to the inside the toilet bowl to catch the stool and thus collect the sample.

Unscrew the coloured cap of the bottle, keeping the container in a vertical position to avoid spilling the liquid present.

Wipe the stool several times with the stick (attached to the cap) both horizontally and vertically.

Insert the stick in the container, screwing the cap back on.

Shake vigorously.

Store in a refrigerator (at 2-8°C) until you deliver it to the Sampling Point.

WARNINGS

If you have a medical prescription for the Faecal Occult Blood Test on 3 samples, the procedure described above is to be repeated on 3 consecutive days. The samples are to be kept in a refrigerator until you deliver them to the Sampling Point.

Do not collect the stool sample during your menstrual cycle

Do not insert the tube in your anus

Keep the bottles out of the reach of children

Avoid touching the liquid in the bottle and, in case of contact, wash with plenty of water