



Laboratory Medicine Department
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**PROCEDURE FOR COLLECTING A URINE SAMPLE FOR A CULTURE TEST
USING AN ADHESIVE PLASTIC BAG**

- Collect the urine before starting any antibiotic therapy;
- Collect the first morning urine;
- Wash your hands with soap and water;
- Wash the suprapubic region and your external genitalia thoroughly with soap and water (do not use anti-bacterial detergents), and rinse thoroughly;
- Open the sterile bag, taking care not to touch the internal edges;
- Stick the bag to the perineal region;
- Immediately after urinating, remove the bag and pour the urine into the sterile container; do not fill more than half the container and take care not to contaminate the edges or inside of it with your hands or genitals;
- Close the container

WARNINGS

Do not leave the bag in position for more than 45-60 minutes; if necessary, replace it having repeated cleaning.

The sample is to be delivered as soon as possible to the Sampling Point; if this is not possible, store the sample at 4°C for no more than 4 hours.